

Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
GET HEARTSMART (Meet Boris)	Boris' Beginnings Boris the Robot story – which voice should he listen to?	Build-a-Boris Make a robot from junk	Boris Shapes Make a robot from 2D shapes	Happy and you know it Song to demonstrate different emotions	Boris Face dough Different emotions using play dough	Boris' Hanging Hearts Heart rewards for children who are caught being kind
	STORY PSED - MR	ACTIVITY PSED - SC/SA	ACTIVITY PSED - SC/SA	ACTIVITY PSED - MFB	ACTIVITY PSED - MFB	ACTIVITY PSED - MR
DON'T FORGET TO LET LOVE IN (I am special)	VIP Crowns Design and make a crown	Mirror, mirror Describe self in mirror and draw a self-portrait.	I am special because I am... Game to encourage children to think about why they are special	I am special song Children to suggest reasons they are special	Fingerprint tree Looking at uniqueness of fingerprints	All about me ball Circle time to tell the other children about yourself
	ACTIVITY PSED - SC/SA	ACTIVITY PSED - MR	GAME PSED - SC/SA	CIRCLE TIME PSED - SC/SA	ACTIVITY PSED - SC/SA	CIRCLE TIME PSED - SC/SA
TOO MUCH SELFIE ISN'T HEALTHY (I love others)	Who is special to me? Who loves and cares for Boris? Who do you love and care for?	My House Who lives in your house?	Catch a Smile Game to encourage children to share their smiles	Friendship web Circle time to use kind/encouraging words about one another.	A friend in need Game about looking out for and helping friends in need.	Bird Feeders How can we love the wildlife in our garden?
	CIRCLE TIME PSED - MR	ACTIVITY PSED - SC	GAME PSED - MR	CIRCLE TIME PSED - MR	GAME PSED - MR	ACTIVITY PSED - SC

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DON'T RUB IT IN, RUB IT OUT (I am a good friend)	We're all Friends Together Thinking about what we like to do with our friends GAME PSED - MR	Sharing Island Game Game to encourage sharing and co-operation GAME PSED - MR	Robots and Mechanics Listening to instructions and co-operating with one another GAME PSED - MR	I am a kind friend Game to help children find simple ways to be kind to each other ACTIVITY PSED - MR	I make a good friend How to be a good friend ACTIVITY PSED - MR	Emoji emotions Encouraging children to describe how they are feeling using emojis CIRCLE TIME PSED - MFB
FAKE IS A MISTAKE (I tell the truth)	Boris Has... Game to demonstrate the importance of being kind and truthful GAME PSED - SC/SA	The Truth according to Arthur story Talking about the importance of telling the truth STORY PSED - MFB	Sorting words Sorting words into kind and unkind. ACTIVITY PSED - MFB	Animal Game – thankful to be me Pretending to be something else is fun but being me is better ACTIVITY PSED - MFB	Thankful Walk Walk around the school to spot things children are thankful for ACTIVITY PSED - SC/SA	In my House Circle time to celebrate the different things we do with our families CIRCLE TIME PSED - SC/SA
NO WAY THROUGH, ISN'T TRUE (I can do it!)	Nuts and Bolts Challenge the children to match the correct nuts to the correct bolts ACTIVITY PSED - SC/SA	With my...I can... Describing different things the children can do with their amazing body CIRCLE TIME PSED - SC/SA	We're Going on a Bear Hunt Interactive retelling of the story ACTIVITY PSED - MFB	Incy Wincy Spider Learning perseverance from Incy Wincy Spider ACTIVITY PSED - MFB	Road Blocks Moving cars around the mat by adhering to the road signs ACTIVITY PSED - SC/SA	Cup stack challenge Challenge to see how many cups the children can stack before they collapse ACTIVITY PSED - SC/SA