



Fruit Salad/Smoothies

Lesson	Objective/s
Lesson 1	<ul style="list-style-type: none">• Review previous knowledge.• Mind map of current knowledge - this is to be updated at the end of each lesson with new knowledge.• Look at new knowledge organiser.
Lesson 2	<ul style="list-style-type: none">• To investigate a range of different fruit salads and smoothies. (reading opportunity).
Lesson 3	<ul style="list-style-type: none">• To discuss the 5 different food groups and why a fruit salad/smoothie is healthy.
Lesson 4	<ul style="list-style-type: none">• To complete a taste test to identify different tastes and textures for their fruit salad.
Lesson 5	<ul style="list-style-type: none">• To complete an annotated diagram of their fruit salad to identify the tools and ingredients needed.
Lesson 6	<ul style="list-style-type: none">• To make a fruit salad.
Lesson 7	<ul style="list-style-type: none">• To be able to evaluate a finished product.