

one

Week

1004

Two choice menu

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available.

Monday

Meatballs in Tomato Sauce with Spaghetti & Garlic Bread

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Bananas and Custard

Yoghurt - Selection of Flavours Fruit

Pulled Pork Wrap with Rice & Coleslaw

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Fruit Lolly Ice

Yoghurt - Selection of Flavours Fruit

milk, mustard, soya. May contain: Celery,

Salmon Fish Fingers, Sweet Potato Fries & Beans

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Frozen Toffee Yoghurt with Banana Yoghurt - Selection of Flavours

Fruit

Contains: Cereals containing gluten, eggs, milk, mustard, soya. May contain: Celery, oats, rye, sulphur dioxide & sulphites.

Tuesday

Chicken in Sweet Chilli Sauce with Stir Fried Vegetables & Noodles Knorr Cream of Chicken soup Cheese (V) / Tuna / Ham / Egg (V) Filled Roll

Fruity Oat Cookie

Yoghurt - Selection of Flavours Fruit

Spaghetti Bolognaise with Garlic Bread

Leek & Potato soup (V) Cheese (V) / Tuna / Ham / Egg (V) Filled Roll

Fruit Flapjack

Yoghurt - Selection of Flavours Fruit

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya.

May contain: Oats, rye.

All day breakfast - Scrambled Egg, Bacon, Sausage, Hash Brown & Beans

Cheese (V) / Tuna / Ham / Egg (V) Filled Roll Tomato & Basil Soup (V)

Brownie Yoghurt - Selection of Flavours

Fruit

ontains: Cereals containing gluten, celery, eggs milk, mustard, soya. May contain: Lupin, oats

Wednesday

Chicken Fajitas with Rice & Sweetcorn

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato Chocolate Mousse with Mandarin

Segments Yoghurt - Selection of Flavours Fruit

Chicken Tikka Masala with Rice

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Strawberry Mousse Break with Strawberries

Yoghurt - Selection of Flavours Fruit

Chicken Korma with Rice (V) Cheese (V) / Tuna / Beans (V) /

Coleslaw (V) Jacket Potato Butterfly Cake Yoghurt - Selection of Flavours

Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya. May contain: Oats, rye.

Thursday

Roast Pork, Mash, Seasonal Veg & Gravy

Tomato & Basil soup (V) Cheese (V) / Tuna / Ham / Egg (V) Filled Panini

Fruit Muffin Yoghurt - Selection of Flavours Fruit

Roast Beef, Roast Potatoes. Carrots, Yorkshire Pudding & Gravy Knorr Cream of Chicken soup Cheese (V) / Tuna / Ham / Egg (V)

Chef Choice Jelly & Fruit Yoghurt - Selection of Flavours Fruit

Filled Panini

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya.

Roast Chicken, Mash, Stuffing, Seasonal Veg & Gravy (V) Cheese (V) / Tuna / Ham / Egg (V) Filled Panini

Leek & Potato Soup (V) Chocolate Mousse Break with Banana Yoghurt - Selection of Flavours

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya.

Fruit

Friday

Harry Ramsden's Fish Fillet, Chips & Peas (mushy or garden)

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Fruit

Fish Fingers, Chips & Peas (mushy or garden)

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Fruit Sponge & Custard

Yoghurt - Selection of Flavours

Harry Ramsden's Fish Fillet, Chips & Peas (mushy or garden) (V)

Cheese (V) / Tuna / Beans (V) / Coleslaw (V) Jacket Potato

Cookie & Milkshake

Yoghurt - Selection of Flavours

ntains: Cereals containing gluten, eggs, fish, milk nustard, soya. May contain: Celery, crustaceans

Chef Choice Jelly & Fruit

Yoghurt - Selection of Flavours

Fruit

September 2024 MTWTFSS

26 27 28 29 30 31

August 2024

MTWTFSS

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

2 3 4

April 2024

May 2024

27 28 29 30 31

June 2024

July 2024

29 30 31

MTWTFSS 2 3 4 5 6 7

8 9 10 11 12 13 14 16 17 18 19 20 21 24 25 26 27 28

MTWTFSS

20 21 22 23 24 25 26

MTWTFSS

11 12 13 14 15 16

18 19 20 21 22 23

<u>25 26 27 28</u> 29 30

MTWTFSS

8 9 10 <u>11 12</u> 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

10 11 12 18 19

9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

October 2024

MTWTFSS 8 9 10 11 12 13 14 15 16 17 18 19 20 23 24 25 26 27 28 29 30 31



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Available daily: Water, milk and fruit juice.































