



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Walking/Running	Dance Ourselves	Climbing/Balancing	Teamwork Games	Stopping and starting - Races	Obstacle courses
Reception	Jumping/Landing	Dance Nursery Rhymes	Ball skills Hands 1	Ball skills Feet	Gymnastics - High Low Over Under	Ball skills Hands 2
Year 1	Ball Skills-Hands 1 Locomotion- Running	Gymnastics Wide Narrow and Curled Dance -Growing	Gymnastics- Body parts Dance -The Zoo	Ball Skills Hands 2 Locomotion - Jumping	Ball Skills -Feet Health and Wellbeing	Games for Understanding Team Building
Year 2	Ball Skills-Hands 1 Locomotion- Dodging	Gymnastics -Linking Dance - Water	Gymnastics- Pathways Dance- Explorers	Ball Skills Hands 2 Locomotion - Jumping	Ball Skills -Feet Health and Wellbeing	Games for Understanding Team Building
Year 3	Football Sportshall Athletics	Gymnastics Symmetry/Asymmetry Dance – Wild Animals	Netball Dodgeball	Hockey Basketball	Tennis Rounders	Cricket OAA Communication and Tactics
Year 4	Football Sportshall Athletics	Gymnastics Bridges Dance - Space	Netball Dodgeball	Hockey Basketball	Tennis Rounders	Cricket OAA Problem Solving

<p>Year 5</p>	<p>Football Sportshall Athletics</p>	<p>Gymnastics Counter balance Dance -The Circus</p>	<p>Health Related Exercise Netball</p>	<p>Hockey Basketball</p>	<p>Tennis Rounders</p>	<p>Cricket OAA Orienteering</p>
<p>Year 6</p>	<p>Football Sportshall Athletics</p>	<p>Gymnastics Matching and Mirroring Dance-Carnival</p>	<p>Health Related Exercise Netball</p>	<p>Hockey Basketball</p>	<p>Tennis Rounders</p>	<p>Cricket OAA Leadership</p>