



Year 1 D.T

Sequenced Objectives

Cooking and Nutrition: Smoothies

	Objective/s
Pre - learn	<ul style="list-style-type: none">• Complete Pre -Learn task.• Look at new knowledge organiser.
Lesson 1	Fruits <ul style="list-style-type: none">• To identify fruits.
Lesson 2	Growing <ul style="list-style-type: none">• To describe where fruits and vegetables grow.
Lesson 3	Cutting and juicing <ul style="list-style-type: none">• To practice food preparation skills.
Lesson 4	Testing ingredients <ul style="list-style-type: none">• To select ingredients for a recipe.
Lesson 5	Making smoothies. <ul style="list-style-type: none">• To apply food preparation skills to a recipe.
Lesson 6	Evaluating <ul style="list-style-type: none">• To evaluate against a design brief.
Post – learn	<ul style="list-style-type: none">• Complete Post-Learn task.