





Physical Education

Hockey Year 5

Unit Purpose

The unit of work will challenge pupils to develop an understanding of the rules of hockey and will start to take responsibility for **officiating** their own games. Pupils will be able to develop **tactics** for both attacking and defending and apply these successfully within their team.

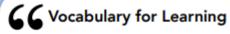
Inspire Me

Kate Richardson-Walsh is a retired hockey player and former captain of Team GB and England. Kate captain Team GB to a gold at the 2016 Olympics and been capped a record 375 times for her country.



Key Success Criteria

- Pupils will be able to pass, move, dribble, shoot, tackle and block accurately and consistently, switching fluidly between attack and defence as possession changes.
- © Pupils will begin to create and apply tactics that they can then adapt depending on the games situation.
- S Pupils will develop communication skills as they officiate in game based scenarios. Pupils will also start to lead their team and manage their games.
- W By facilitating learning through gamebased scenarios and mini game situations, pupils will be challenged to always try their best, even when their team is losing.



Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

Marking: Marking is when the attacking player has received the ball and you are making it difficult for them to pass the ball on by restricting their options.

Attack: The aim of the game for the attackers is to score a goal. When a team are in possession of the ball they need to work together and apply their understanding of passing, moving and dribbling to create a shooting opportunity.

Counter Attack: A counter attack is a tactic employed by the team gaining possession who immediately attack after regaining the ball from defending the opponent's attack.

Sport Specific Vocabulary

Man-to-Man Marking: is a defensive tactic used where each player is assigned to defend and follow the movements of particular player on the opposite team.

Goal Side: is a defensive tactic used when a defender marks an opponent. This is where the defender positions themselves between the attacker and the goal, increasing the defenders chances of preventing an attack.

