





# Physical Education

Tennis Year 6

#### **Unit Purpose**

Pupils will learn to consistently apply effective shot techniques, applying decision making as to which shot to make and where to aim in order to score a point. Pupils will create, apply and evaluate tactics in singles and doubles games.

#### Inspire Me

**Billie Jean King** is an American former World Number 1 tennis player and advocate for gender equality. In 1973 King won the 'Battle of the Sexes' tennis match against Bobby Riggs.

Demonstrate effective

leadership skills

Responsibility

Consolidate shot technique

Integrity

Create and apply

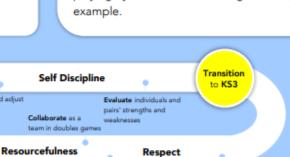
effective singles tactics

Adapt and adjust



## **Key Success Criteria**

- Pupils will apply a refined understanding of playing forehand, backhand, serves and volleys into space in order to win points.
- Pupils will demonstrate resourcefulness and problem solving skills by creating a range of tactics, applying these to their games.
- S Pupils will collaborate effectively with their partner, communicating and supporting each other.
- Pupils will constantly apply life skills such as integrity and self discipline by playing by the rules and leading others by example.



Evaluate and improve performance

Create and apply

effective doubles tactics

## **66** Vocabulary for Learning

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Space:** is an open area on the court that is unoccupied by your opponent. This could be at the side, front or back of the court.

Outwit: means using your intelligence to trick or out smart your opponent to win a point.



### Sport Specific Vocabulary

**Forehand:** A forehand is a shot in which the palm of your hand faces the direction in which you are hitting the ball.

**Backhand**: A backhand is a shot in which you hit the ball with your arm across your body and the back of your hand facing the ball.

Volley: Is a shot hit by a player before the ball bounces on their own side of the court. This shot is usually applied when a player is close to the net.

**Doubles**: is a match played by four players, two on either side of the court.

Serve: Is the method of starting a game of tennis. A pupil serves from the baseline and the ball must be hit diagonally into the opponent's service box.