



Year 1 D.T

Sequenced Objectives

Cooking and Nutrition: Smoothies

	Objectives
Pre - learn	<ul style="list-style-type: none">• Complete Pre - Learn task.• Look at new knowledge organiser.
Lesson 1	Significant people <ul style="list-style-type: none">• To research the work of Jamie Oliver.
Lesson 2	Fruits <ul style="list-style-type: none">• To identify fruits.
Lesson 3	Growing <ul style="list-style-type: none">• To describe where fruits and vegetables grow.
Lesson 4	Cutting and juicing <ul style="list-style-type: none">• To practice food preparation skills.
Lesson 5	Testing ingredients <ul style="list-style-type: none">• To select ingredients for a recipe.
Lesson 6	Making smoothies. <ul style="list-style-type: none">• To apply food preparation skills to a recipe.
Lesson 7	Evaluating <ul style="list-style-type: none">• To evaluate against a design brief.
Post - learn	<ul style="list-style-type: none">• Complete Post-Learn task.