



Year 3 D.T

Sequenced Objectives

Cooking and Nutrition: Eating seasonally

	Objectives
Pre - learn	<ul style="list-style-type: none">• Complete Pre -Learn task.• Look at new knowledge organiser.
Lesson 1	Significant people <ul style="list-style-type: none">• To research the work of Nadiya Hussain
Lesson 2	Food around the world. <ul style="list-style-type: none">• To explain why food comes from different places around the world.
Lesson 3	Seasonal food. <ul style="list-style-type: none">• To explain the benefits of seasonal food.
Lesson 4	Cutting and peeling <ul style="list-style-type: none">• To develop cutting and peeling skills.
Lesson 5	Tasting seasonal ingredients. <ul style="list-style-type: none">• To evaluate seasonal ingredients.
Lesson 6	Making a mock-up <ul style="list-style-type: none">• To design a mock-up using criteria.
Lesson 7	Evaluating seasonal tarts. <ul style="list-style-type: none">• To evaluate a dish.
Post - learn	<ul style="list-style-type: none">• Complete Post-Learn task.