



Year 5 D.T

Sequenced Objectives

Cooking and Nutrition: Developing a recipe.

	Objectives
Pre - learn	<ul style="list-style-type: none">• Complete Pre -learn task.• Look at new knowledge organiser.
Lesson 1	Significant people <ul style="list-style-type: none">• To research and study the work of Ainsley Harriott.
Lesson 2	Farm to fork. <ul style="list-style-type: none">• To understand how ingredients are reared and processed.
Lesson 3	Different choices. <ul style="list-style-type: none">• To make adaptations to design a recipe.
Lesson 4	Nutritional value. <ul style="list-style-type: none">• To evaluate nutritional content.
Lesson 5	Preparing ingredients. <ul style="list-style-type: none">• To practice food preparation skills.
Lesson 6	Designing labels <ul style="list-style-type: none">• To design a food product label
Lesson 7	Making Bolognese. <ul style="list-style-type: none">• To follow and make an adapted recipe.
Post - learn	<ul style="list-style-type: none">• Complete Post -learn task.