



What I should already know

- Establish their sense of self.
- Express preferences and decisions. They also try new things and start establishing their autonomy.
- Use that engagement to achieve a goal. For example, gesture towards their cup to say they want a drink.
- Thrive as they develop self-assurance.
- Feel strong enough to express a range of emotions.
- Be increasingly able to talk about and manage their emotions.
- Safely explore emotions beyond their normal range through play and stories.
- Are talking about their feelings in more elaborated ways: "I'm sad because..." or "I love it when ...".

Vocabulary

Co-operatively

Included

Praise

Good friend

Kind

Shocked

Upset

Circles

Who are your friends? Why are they your friend? What do you like about them?

What I will know

Building Relationships

Play with one or more other children
Activity of choice / small guided group activities

Take part in pretend play with one or more children

See themselves as part of a community

Talk about: own family nursery class

Begin to share and take turns with others

Begin to extend and elaborate play ideas with others

Self-Regulation

Talk about feelings using words like 'happy' and 'sad' and begin to use other words

I am angry / worried / scared

With support begin to understand and talk about how others might be feeling and the reasons why

Friends - ... is happy / sad because ...

With support begin to talk with others to resolve conflicts

Turn taking ... your turn / my turn

Begin to help to find solutions to conflicts and rivalries.
For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas

Turn taking ... your turn / my turn

Sharing ... one for you / one for me